

Begin to Quilt Step by Step

Using Panels
purchased at:
colleenobrienart.com



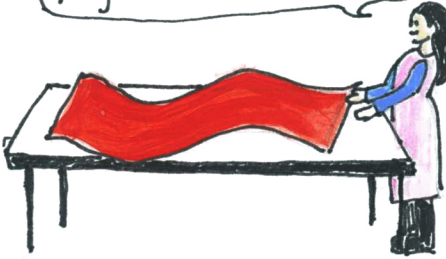
Other things you need:

- thread, pins, needles
- ruler, transparent quilter's ruler, mine is 8"x24"
- scissors
- 1 panel, for example I SPY CANADA, size 1 yd.x2yd.
- batting, approx. the same size as the panel, 1yd.x2yd.
- backing, 100% cotton fabric, usually solid colour, 1 yd.x2yd.
- plastic cover for table for when you spray
- "505 Temporary Adhesive"
- extra wide bias tape, 2 packages
- cutting matt (I got mine at Princess Auto)
- Rotary Cutter

MAKING

a quilt sandwich (3 layers)

Throw the backing fabric on the table, right side down.



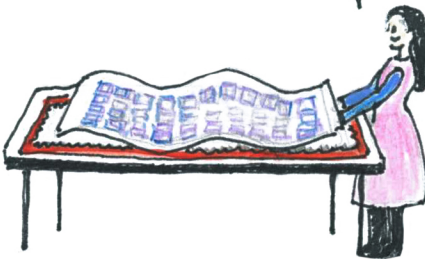
1

Over the backing fabric, throw a layer of batting. Smooth it out.



2

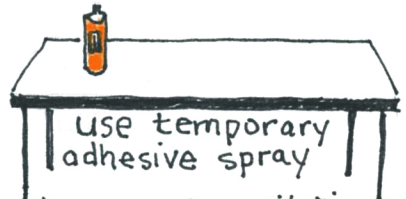
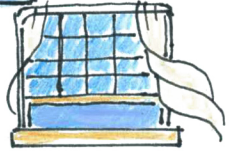
Throw your quilt panel over the top.



3

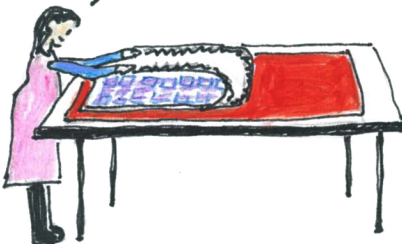
BASTING

open window



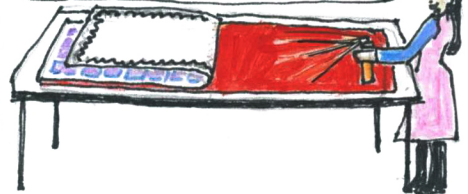
4 have good ventilation

Gently lift the top two layers



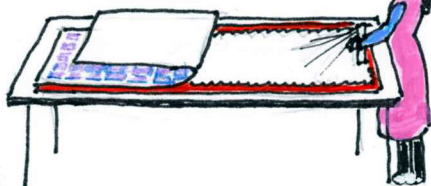
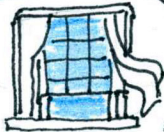
5

Lightly spray half of bottom layer (backing) that is not folded over. Smooth the batting back over the sprayed area.



6

Lightly spray batting.



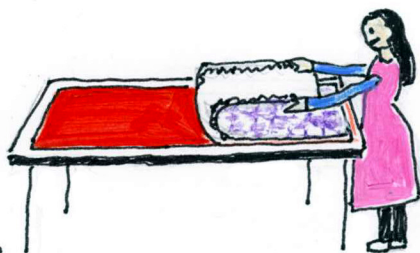
7

Return the layers to the sandwich position, smooth with your hands.



8

Now repeat on the other side



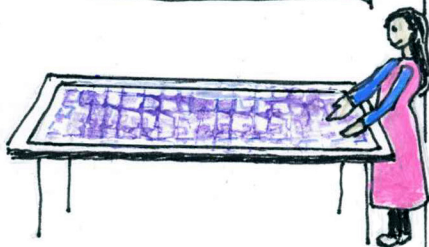
9

Spray between the three layers, and smooth with your hands.



10

your quilt sandwich is basted!



11

some people use



safety pins,

instead of spray adhesive to hold the layers together

12

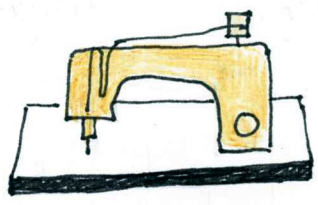
SEW

Time to sew!
Trimming the
edges comes
later



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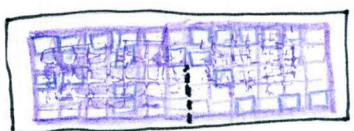
Sewing Machine



Use neutral
colored thread

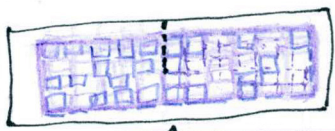
14

Begin sewing in the
middle of the sand-
wich. the layers
will stay together
because of the
spray adhesive.



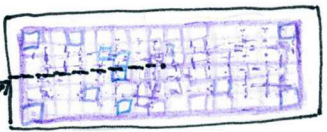
15 First line of sewing

Sewing from the
center will minimise
any shifting



second line of sewing

16



third line of
sewing

17



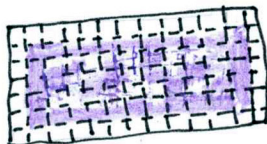
fourth line of
sewing

18

Continue sewing on the lines between the squares on the 1 SPY CANADA panel. This is called: "stitch in the ditch"
 ~~~~~  
 "Quilting"

19

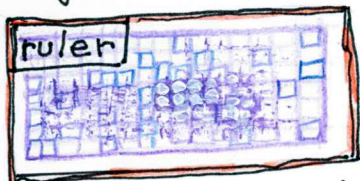
When you have sewn on all the lines, you are finished!



20

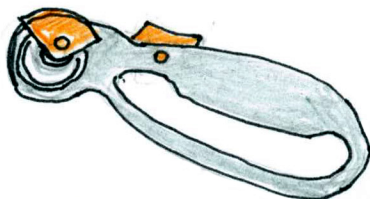
### TRIM

Trim and square edges and corners



Use a transparent quilter's ruler and a rotary cutter on a cutting mat.

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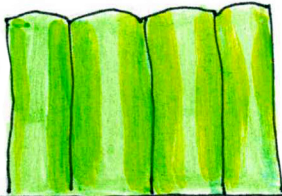


rotary cutter (use caution)

22

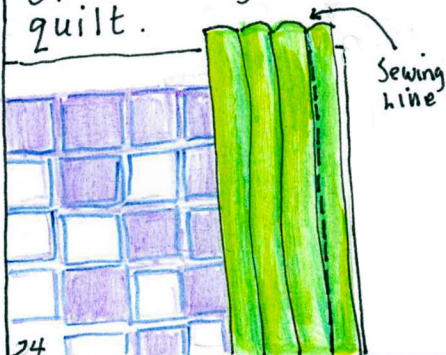
### BINDING

Bind the edges of quilt, using purchased extra wide bias tape

Here it is, unfolded, 


23

Lay it on the edge of the long side of quilt.



24

Sew from the front.

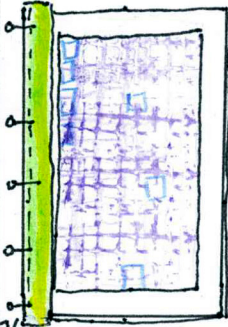


Pin bias tape to the long edge of the trimmed quilt, right sides together.

Sew.

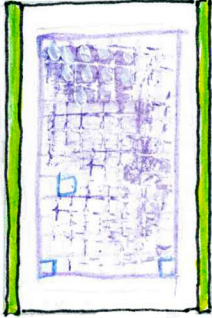
25

Now pin the bias tape to the other long edge of quilt, right sides together.



Sew.

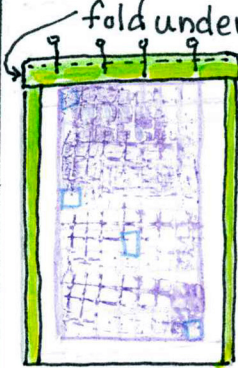
26



turn under neatly and trim.

27

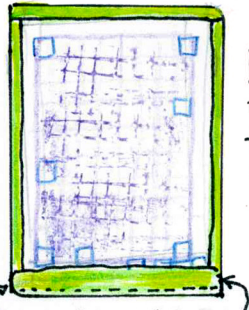
fold under  $\frac{1}{4}$ "



Pin bias tape to the top (shorter side).

Sew.

28



Pin bias tape to the bottom edge.

sew

fold under

29



Turn bias tape to the back of the quilt.

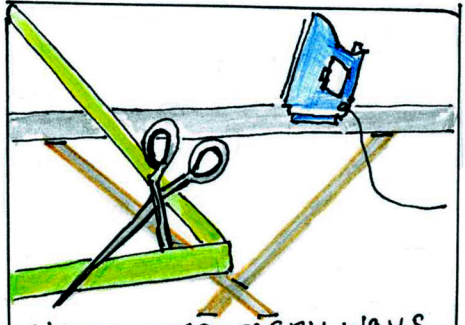
30



Hand sew bias tape to back of quilt with small stitches.



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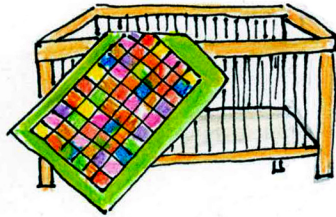
there are many ways to bind a quilt. Use whatever way works for you.

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Watch YouTube videos for ideas/tutorials



33



Your quilt is finished!

34

Congratulations!



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# The End

Look on my website: [www.colleenobrienart.com](http://www.colleenobrienart.com)  
for other quilt panels, 100% cotton, approx: 1yd. x 2yd.



I SPY CANADA



FLOWERS



I SPY USA



NATURE



HOCKEY

Suggestions, Questions, or to send me a  
photo of your project, email: [colleenobrien1@mac.com](mailto:colleenobrien1@mac.com)